



Just Trust Me – Restoring Trust

November 19, 2023

When Trust Gets Broken – Part 2

Matthew 5:23-24: 1 John 1:9: James 5:16 NIV

7 STEPS FOR REPAIRING TRUST

(RESOURCE: TRUST BY DR. HENRY CLOUD)

1. HEAL FROM WHAT HAPPENED TO YOU

2. MOVE BEYOND ANGER AND REVENGE AND TURN TOWARD FORGIVENESS

3. PONDER WHAT YOU REALLY WANT –

4. FIGURE OUT IF RECONCILIATION IS AVAILABLE

If it is possible, as far as it depends on you, live at peace with everyone. Romans 12:18 NIV

Three Types of People

Wise People

If you listen to constructive criticism, you will be at home among the wise. Proverbs 15:31 NLT

But correct the wise, and they will love you. Proverbs 9:8 NLT

Fools / Mockers

Anyone who rebukes a mocker will get an insult in return. Anyone who corrects the wicked will get hurt. Proverbs 9:7NLT

So don't bother correcting mockers; they will only hate you. Proverbs 9:8 NLT

A gentle answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1 NIV



Evildoers.

Don't envy evil people or desire their company. For their hearts plot violence, and their words always stir up trouble. Proverbs 24:1-2 NLT

A prudent person sees evil *and* hides himself; *But* the naive proceed and pay the penalty. Proverbs 27:12 NASB

5. FIGURE OUT IF RECONCILIATION IS AVAILABLE

6. ASSESS TRUSTWORTHINESS

5 Essentials of Trust.

Understand

Motive

Ability

Character

Track Record

7. LOOK FOR EVIDENCE OF REAL CHANGE

Experience Today's Message

Who do you need to forgive?

Who do you need to ask for forgiveness?

What kind of healing and freedom could forgiveness bring in your life?