



# Just Trust Me – Trusting Others

November 5, 2023

## Trusting Yourself

Have you ever said – I don't trust myself enough to do \_\_\_\_\_?

Or I don't trust myself when it comes to \_\_\_\_\_?

But yet secretly wishing you did trust yourself enough to do it?!

3 Biblical Examples of people who didn't trust themselves and the excuses they gave for not doing what they secretly wanted to.

### Moses

I am not good enough.

I don't have all the answers.

People won't believe me.

I'm a terrible public speaker.

I'm not qualified.

### Gideon

The Lord isn't with me.

My family is poor.

I am the worst candidate.



## Esther

People will know the real me.

It's not my place.

It may cost me my life.

## 5 Essentials of Trust

Understanding

Motive

Abilities

Character

Track Record

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones. Proverbs 3:5-8 NIV

## Understanding

Trust in the LORD with all your heart and lean not on your own understanding; Prov 3:5

The 2 worst things we can believe...

1. Believe something is true – when it's not.
2. Believe something is not true – when it is true.

The best way to understand ourselves is to trust what the person who created says about us!



## **Motive**

...in all your ways submit to him, Prov 3:6

When we really consider the why – we are more inclined to follow through!

## **Abilities**

...and he will make your paths straight. Prov 3:6

I can do all things through Christ who gives me strength. Phil 4:13

If there is something you see that needs to be done – more than likely God has connected that need to you for a reason!

## **Character**

Do not be wise in your own eyes; fear the LORD and shun evil. Prov 3:7

Failures do not make you a failure. You are not perfect. You are going to mess up!

What are 3 qualities you would like to possess? – Then possess them – become that person!

## **Track Record**

This will bring health to your body and nourishment to your bones. Prov 3:8

Healthy people have a healthy amount of trust in themselves!



**Experiencing today's Message**

What is something you would do – if you only had enough trust in yourself to do it?

The biggest regret people have at the end of their lives – is not what they did – but what they didn't do!