



## **Just Trust Me – Trusting Others**

October 29, 2023

We have been in this series of conversations about TRUST. We have been learning how we are in a time of a "trust crisis". We have discussed how trust affects our lives, our spirituality, our relationship with God, our relationship with Church, and today we are going to discuss how trust affects our relationship with each other and how we should go about establishing trust in our relationships.

Paul is called by God to do all these amazing things after he learns about who Jesus is and he begins to want to tell everyone about the life changing experience that he has. He quickly realizes he can't do this alone and establishes Timothy, one of his younger converts, to do ministry with him because of things he observed about Timothy.

## Read 2 Timothy 1:1-14

When we are in a relationship with others we are "entrusting" them. Entrusting them with our lives, with our care, with our conversation, with our well-being. Paul is talking to timothy about all that he has entrusted to him, and all that God has entrusted to them. He reminds timothy of their relationship and the trust that he has in him.

2 Timothy 1:14 Guard the good deposit that was entrusted to you—guard it with the help of the Holy Spirit who lives in us.

"We have to choose to take the step of Trust, and it always entails risk" - Henry Cloud

We get to see God put people into our lives that become huge benefits to us, to our families, to our lives, and ultimately to our faith. Be thinking about, who is someone that God has put into your life that you have yet to try to trust? Who is someone that you think you would like to try to invite more into your life? That doesn't mean you all the sudden share everything, but it means you can take a step into the direction of trust and see where it may lead.

Evaluate your own self, is there something in me that is untrustworthy in this relationship? We also all have a past, and those things can cause us to lose trust. There could be a trigger for you, or an area of control that you have been unwilling to let down to let others in.





So, who will you choose to try and trust? And who do you need to reach out to thank them for the trust you have in them, and they have in you.

One of the most important gifts God gives us on this earth is our relationships and the trust that is formed and created in those relationships. May we all be more like Paul this week and look forward to the people that God wants to put into our lives to make our lives better than we could ever imagine, and the impact we can make for God's kingdom together.

## **Experiencing todays message:**

- 1. How have you experience the positive and negative sides of trusting others?
- 2. How can you improve at trusting others in your life?
- 3. Who is someone that comes to mind that you would like to "take a risk" and trust in your life right now?