July 03, 2022 Welcome to Atlee Church Online. We are so glad you joined us today! Ephesians 2:14, John 14:27, Proverbs 23:7, Romans 8:28, Romans 15:13 LIFE IS....... To be at peace with yourself.

Establish an inner space for just your soul and Jesus' Holy Spirit.

The more time we spend with Jesus in our safe space, the more we get to know who we are on the purest level.

Jesus isn't surprised by our mistakes or the decay we produce.

How do you deal with a lack of inner peace? Coping mechanisms? Or do you go to Jesus and be still, knowing that he is the God of Souls?

If we keep God first in all our relationships, our anxieties and our struggles, our fear and stress levels drop. When we let Jesus do the worrying and the heavy lifting, we are freed to evaluate, prioritize and maneuver through life.

- Judah Smith

What's the thought life of your heart, you inner land like?

If Jesus is inside you, if grace has transformed you or is transforming you, you are a force to be reckoned with. You no longer have to live under the rule of guilt, fear and condemnation.

- Judah Smith

With Jesus by our side, you and I can have inner peace.

Grant peace to the world, goodness and blessing,

grace, kindness and compassion for us and For all Your people

Bless us our Father all of us as one, with the light of Your presence

Go Deeper: Read from the book of Psalms in the Bible to see how David and other

writers talked with God and stood firm in their faith.

Experience Today's Message:

- 1. What's the thought life of your heart, you inner land like?
- 2. How can you put God first in your life so you don't have to carry so many burdens?
- 3. What does that look like for you, practically?
- 4. Where are you in your faith journey? Are you hooked on a feeling or are you standing firm in faith? Are you somewhere in between?

Today's Music:

Southern Nights - Glenn Campbell This Is Amazing Grace - Phil Wickham Mountain - Bryan and Katie Torwalt