

May 14, 2023. Welcome to Atlee Church Online. We are so glad you joined us today!

Mother's Day 2023

SPIRITUAL DISCIPLINES

DISCLAIMER: Spiritual disciplines do not provide salvation.

WHAT THEY ARE: Spiritual disciplines aid our growth as disciples of Christ and deepen our relationship with God.

Inward Disciplines -

Outward Disciplines -

Corporate Disciplines -

Titus 2:11-14

Prayer & Fasting: **Matthew 6:16-18**

Simplicity & Submission:

Philippians 4:12-13

Matthew 6:19-21

Silence & Solitude: **Luke 5:16**

CORPORATE DISCIPLINES (What we do on Sundays):

Devoted to the Teachings of Our Pastors -

Supporting Our Pastors -

Confession -

Worship/Singing -

Guidance/Counsel -

Celebration -

Prayer -

Fellowship –

“There are two pains in life. The pain of discipline and the pain of regret. While discipline weighs ounces, regret weighs tons” Jim Rohn

“It is worse to take interest in irrelevant things than to do nothing at all.” Baltasar Gracian

INCORPORATING NEW HABITS

Get an accountability partner.

Get a counselor.

Address your excuses and barriers.

Try creating penalties for yourself. ie. You can not watch any television for the rest of the day if you don't do your morning prayer time.

Matthew 6:33

Matthew 7:13-14

Luke 18:8

Which discipline do you need to adopt?

What habits do you need to kick so you can follow through on your spiritual discipline?

Who can you ask/counsel with to keep you accountable?

RESOURCES:

- Sacred Pathways by Gary Thomas
- Atomic Habits by James Clear
- The Challenge Journal by Jake Greenberg & Justin Sutherlin
- Growing in Grace: Knowing and Loving God Through the Spiritual Disciplines by Daily Grace Co.
- Check out the Daily Grace Co. for so many amazing resources to learn about all the different disciplines!
- Celebration of Discipline by Richard Foster
- Praying Like Monks, Living Like Fools by Tyler Staton
- 7 Habits of Highly Effective People by Stephen Covey
- 12 Rules For Life: Jordan B. Peterson
- God's Voice Within by Fr. Mark Thibodeaux
- Worship by A.W. Tozer
- The Intentional Year by Glenn & Holly Packiam

Today's Music

I Thank God – Maverick City Music

Goodness of God/What a Beautiful Name – Bethel Music

Great Are You Lord – Sons & Daughters