

**January 22, 2023. Welcome to Atlee Church Online. We are so glad you joined us today!**

### **Undistracted in Our Relationships**

Ephesians 4:21-32 (GW)

You have certainly heard his message and have been taught his ways. The truth is in Jesus. You were taught to change the way you were living. **The person you used to be will ruin you** through desires that deceive you. Ephesians 4:21-22 GW

However, you were taught to have a **new attitude**. Ephesians 4:23 GW

You were also taught to become a new person **created to be like God**, with a life that truly has God's approval and is holy. Ephesians 4:24 GW

So then, **get rid of lies. Speak the truth** to each other, because we are all members of the same body. Ephesians 4:25 GW

**Be angry without sinning**. Don't go to bed angry. Don't give the devil any opportunity to work. Ephesians 4:26-27 GW

**Thieves must quit stealing** and, **instead, they must work hard**. They should do something good with their hands so that they'll have something to share with those in need. Ephesians 4:28 GW

**Don't say anything that would hurt** another person. **Instead, speak only what is good** so that you can give help wherever it is needed. That way, what you say will help those who hear you. Ephesians 4:29 GW

**Don't give God's Holy Spirit any reason to be upset with you**. He has put his seal on you for the day you will be set free from the world of sin. Ephesians 4:30 GW

Get rid of your bitterness, hot tempers, anger, loud quarreling, cursing, and hatred. Be kind to each other, sympathetic, forgiving each other as God has forgiven you through Christ. Ephesians 4:31-32 GW

Above all, **love each other warmly**, because **love covers many sins**. 1 Peter 4:8 GW

But God **demonstrates** his own love for us in this: **While we were still sinners, Christ died for us**. Romans 5:8 NIV

**Experiencing Today's Message**

Describe how your life was before Jesus and now after Jesus?

Who do you need to over a “warm blanket” of love to?

What is causing a distraction in your relationship with God?

**Today's Music**

Holy Water – We The Kingdom

Glorious Day – Passion

Fade Away – Melodie Malone

O Come To The Altar – Elevation Worship