

05.02.21 Message Notes

WINNING THE WAR IN YOUR MIND: RECLAIM YOUR THOUGHTS

Philippians 4:4; Philippians 4:8-9; Romans 8:5-6

Reclaim Your Thoughts, Reclaim Your Life!

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:4-5 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 NIV

Give all your worries and cares to God, for he cares for you! 1 Peter 5:7 NLT

Experience Today's Message

Create your own God box. Write down your worries. Talk to God about them and then as a symbolic gesture give them to God by putting them in the box. If you then choose to worry, take it out of the box and confess your struggle to trust Him. This may feel strange but try it for 8 days and see what happens. You have nothing to lose and everything to gain – mainly, peace of mind!

Resources

[Winning The War In Your Mind, Craig Groeschel](#)

[Cleaning Up Your Mental Mess. Dr. Caroline Leaf](#)

[Armed and Dangerous. Ken Abraham](#)

Today's Music

Graves Into Gardens, Elevation Worship

Fade Away, Passion

Breakthrough Miracle Power, Patrick Mayberry