

JANUARY 24, 2021 Message Notes

I AM NOT OK - DISCOVER THE CHANGE

“The danger of toxic thinking is it produces an alternate reality, one in which distorted reasoning actually seems to make sense.” Jennie Allen

“You and I have been equipped with power from God to tear down the strongholds in our minds, and to destroy the lies that dominate our thought patterns.” Jennie Allen

Experiencing Today's Message

1. What lies have I believed about myself?
2. How can I begin to take my thoughts captive and focus more on the truth?
3. Based on today's conversation what is God speaking to me about personally?

Today's Music

We Praise You, Bethel

Shepherd of My Heart, The Church Will Sing

Ok, John Wilson