

JANUARY 17, 2021 Message Notes

I AM NOT OK - UNCOVER THE STRUGGLE

Psalm 121:1-2 NIV

It's ok not to be ok.

In order to heal we have to be real.

Matthew 11:28-30 MSG

Experiencing Today's Message

1. How am I doing, really?
2. What is something I need to be real with God about this week?
3. Who is someone I can reach out to for help?

Today's Music

God Of Revival, Bethel

Tremble, Upperroom ft. Abbie Simmons

Truth Be Told, Matthew West